**Which side of the bike is the right way to get on and off from?**

This is a very highly debated issue in the motorcycle community. When I started riding 60+ years ago I was trained like a lot of us to mount and dismount from the left side (low side of the bike).

As the years went on, I continued to do just that. Through all my intermediate as well as advanced training. Well along came motor school. Where they speak to you like you have never ridden a motorcycle before.

The first thing we learned was to get on and off the bike on the right side of the motorcycle. Everyone in the class was secretly confused. Why are we doing this?

Well after the instructor told us why we were doing it, it made a lot of sense. Here is why I still get on and off my bike on the right side (or high side).

If you are getting off your bike on the low side (Left side) when you go to get off, you are not facing the traffic. If you were to fall getting off the bike you may wind up in the traffic lane. There are a lot of distracted drivers out there we all have seen them. If you get off on the high side (Right side) of the bike you are less likely to have to deal with a traffic situation as well as being able to see the traffic. Some people have trouble getting on and off on the right side so here is a tip. Grab the front brake firmly, place your left hand on the clutch side grip, put your right foot on the floorboard, swing your left leg over the seat and you are good to go.

When you first try this, it is a good idea to have someone there to make sure the bike is stable.

After reading this you may want to reply with your opinion. Please email me at [alrdocsafety@gmail.com](mailto:alrdocsafety@gmail.com) with any questions.

So which side of the bike do you get on and off of?

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